

Panera's Copycat Broccoli and Cheddar Instant Pot Soup

★★★★★
4.28 from 55 votes

Prep Time

5 mins

Cook Time

15 mins

Total Time

20 mins

Creamy and Delicious warms up your soul. This is actually better than Panera's soup and done right at home.

Course: Soup

Cuisine: American

Servings: 8

Calories: 359 kcal

Author: [Adventures of a Nurse](#)



Ingredients

- 1 pound fresh broccoli chopped
- 8 oz cheddar cheese
- 1 small onion chopped
- 3 cups chicken broth
- 2 cups milk or heavy cream
- 1 cup shredded carrots
- 2 tbs hot sauce (optional)
- 1/4 tsp nutmeg
- 8 Oz Cream Cheese

Instructions

1. Place chopped onion, carrots, broccoli, Nutmeg, and chicken broth in the Pot.
2. Add 8 oz Cream Cheese
3. Place on Manual high pressure for 15 minutes.
4. Do a quick release and stir in milk or heavy cream.
5. place pot back on saute until for about 5 minutes. Do not bring to boil
6. Stir in cheese and hot sauce after cheese is melted.
7. Serve with bread or crackers.

Recipe Notes

Stir in a dash of hot sauce after cheese is melted to enhance the flavor.

If you add 8 oz of cream cheese you will not need a thickener :)

Nutrition Facts

Panera's Copycat Broccoli and Cheddar
Instant Pot Soup

Amount Per Serving

Calories 359 Calories from Fat 288

% Daily Value*

Total Fat 32g	49%
Saturated Fat 19g	95%
Cholesterol 112mg	37%
Sodium 640mg	27%
Potassium 398mg	11%
Total Carbohydrates 9g	3%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 10g	20%
Vitamin A	84%
Vitamin C	74.5%
Calcium	28.3%
Iron	4.8%

* Percent Daily Values are based on a 2000 calorie diet.